



Perceptual /Cognitive Alteration

Time Dilations
Sensory Hallucinations
Enhanced Meaning
Acute Fear / Dread
Loss of Self

Long-Term Behavioral Change

Diminished Anxiety
Reduced Helplessness
Lessened Suicidality Decreased Substance Use
Suppressed Chronic Pain

Neural Plasticity

Structural Reorganization
Modified Input / Output
Restored Glutamate Signaling

Brain Network Changes

Modified Circuit Connectivity
Reconfigured Metabolic Demand
Altered Prior Expectations